



Lancing

English Plus

Architecturally similar in style to Oxford and Cambridge universities, Lancing's magnificent Gothic buildings include a spectacular grand dining room and an impressive chapel, which is listed as a Building of National Importance. **English Plus** will enable the students to improve their English skills, immerse themselves in the British culture and take part in engaging projects.

ACCOMMODATION

Lancing offers separate accommodation on campus for boys and girls. Most bedrooms have 1–2 beds with shared bathrooms, however, some larger bedrooms are also available. Most boarding houses have their own communal space for students to relax.

FACILITIES AT LANCING

- Art Studio
- Astro turf Football Pitch
- Basketball Court
- Café
- College Shop
- Dance Studio
- Drama Theatre
- Equestrian Centre
- Iconic Chapel
- Playing Fields
- Sports Hall
- Squash Courts
- Swimming Pool
- Tennis Courts

LOCATION

Lancing is based in West Sussex, east of Worthing and west of Brighton. It is just five minutes from Shoreham Airport and has stunning views from the campus of the coast and South Downs.

London: 80 miles/130 km
 LGW: 33 miles/54 km
 LHR: 72 miles/116 km

TOP 10 NATIONALITIES 2025

- Argentine
- Austrian
- French
- German
- Italian
- Japanese
- Portuguese
- Spanish
- Swiss
- Turkish

AGE	13–17 years
DATES	28 June–15 August 2026
CAPACITY	230
LESSONS	20 hours per week
LEVELS	A2–C2
MAX CLASS SIZE	14
EXAMS	Cambridge B1, B2 & C1
BEDS PER ROOM	1–2 beds
STAFF:STUDENT RATIO	1:5
SPECIALITY	Academic Academies, Flying
EXCURSIONS	Wednesday, Saturday & Sunday

Academics

This carefully crafted programme, with 20 hours of lessons per week, consists of English Skills, Enrichment and Research Projects. Lessons improve students' general language competencies (including grammar and vocabulary) while placing particular emphasis on communication, fluency and building confidence in the speaker.

ENGLISH LEVELS & CLASSES

English Plus		
A0	Complete Beginner	
A1	Beginner	
A1–A2	Elementary	
A2	Pre-Intermediate	•
B1	Intermediate	•
B2	Upper Intermediate	•
C1	Advanced	•
C2	Proficiency	•

ENGLISH SKILLS

These lessons are designed to improve students' general language skills, extend their vocabulary and better their understanding of grammar, to improve accuracy and confidence when producing spoken and written English.

ENRICHMENT

During these sessions, students will further enrich their language skills by deepening their cultural understanding of the places they visit during excursions, using real-world materials such as leaflets, word searches, adverts and articles to develop their productive and receptive English skills pre- and post-excursions.

RESEARCH PROJECT

Throughout the course of the week, students do research around a weekly theme or topic of interest which they then present in an agreed way, such as a presentation, performance, song, product pitch or an art exhibition of their work. The aim of Research Project lessons is to develop students team and collaboration skills as well as improve their speaking and interpersonal skills.

There is a fun, competitive element to Research Projects and every student in the winning class, judged by the Academic Manager or Centre Director, is recognised for their contribution and given a small prize.

EXAM COURSES AVAILABLE

Cambridge B1 Preliminary for Schools
Cambridge B2 First
Cambridge C1 Advanced

Leisure

SPORTS & ACTIVITIES (AFTERNOONS)

After lessons, students participate in a variety of sports and recreational activities. Students will be able to choose their preferred sport or activity.

Examples are: Cooking, Dance, Drama, Football, Handball, Short Tennis, Swimming and Touch Rugby.

SOCIAL EVENTS (EVENINGS)

Social events are always the perfect time for students to mix and enjoy themselves with their new friends. At Lancing they may include: Disco, Egg Drop Challenge, Fashion Show, Karaoke, Messy Games, Mini Olympics, Talent Show, and Treasure Hunt.

EXCURSIONS

Excursions are a great way for English Plus students to safely explore places off-site. We offer students the opportunity to visit places of cultural and historical interest, as well as chances for sightseeing, shopping and amusements.

Examples of excursions are:

Wednesdays (half-day)

Arundel Castle, Brighton Sea Life and Royal Pavilion, Leeds Castle

Saturdays (full-day)

London Eye, London Zoo, Tower of London

Sundays (full-day)

Canterbury, Dover Castle, Greenwich, Thorpe Park

TYPICAL WEEK

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
07.00	Wake Up								
07.30	Breakfast								
08.30	Student Meeting								
08.45	<p>ARRIVAL DAY Students can arrive anytime, but we recommend they arrive between 9am and 6pm.</p> <p>EXCURSION Brighton At the Sunshine Coast students will enjoy:</p> <ul style="list-style-type: none"> • Seaside Pier visit • Shopping at Churchill Square • Visit the quaint Brighton Lanes • Picnic on the beach <p>In the afternoon students will enjoy an organised activity such as Beach Volleyball on the man-made sand courts along the seafront, or experience a flight on the British Airways i360, the world's tallest moving observation tower.</p>	<p>ENGLISH SKILLS 1 Changing Climates Great Learners and Great Thinkers: Plastic and the Environment. Video Analysis: The plastic sea.</p>	<p>ENGLISH SKILLS 1 The Environment Vocabulary in Context: Geographical Features. Reach Higher: extended practice.</p>	<p>ENGLISH SKILLS 1 Grammar 1 Grammar in context: will, be going to and Present Continuous for future. Flipped classroom video. Will, May, Might: grammar extension.</p>	<p>ENGLISH SKILLS 1 Grammar 2 Grammar in context: Zero conditional, First conditional. Reach higher: taking turns.</p>	<p>ENGLISH SKILLS 1 Check it Revision of the weekly course content. Grammar reference and Vocabulary practice.</p>	<p>DEPARTURE DAY AND LONDON EXCURSION Students depart the centre, preferably in the morning. Departing students do not attend the excursion.</p> <p>EXCURSION London For those staying students will visit The London Bridge Experience, an interactive journey through 2,000 years of London's murky past. With live actors playing historical characters, this walk-through experience is both educational and entertaining. In the afternoon, students will walk along the South Bank to take in the iconic views of the city. Following their walk, they will have the opportunity for some free time and shopping along one of London's famous streets.</p>		
10.00		Break							
10.15		<p>ENGLISH SKILLS 2 An opinion essay Developing Writing Skills: Spending Time Outdoors.</p>	<p>ENGLISH SKILLS 2 An article Reading Comprehension: Understanding Climate Change.</p>	<p>ENGLISH SKILLS 2 Developing vocabulary Different uses of get. Listening comprehension: Plogging – an ecology podcast. Critical thinking: What other small actions like plogging can protect the environment?</p>	<p>ENGLISH SKILLS 2 Developing Speaking Making Arrangements: A role play Useful expressions for making arrangements.</p>	<p>ENGLISH SKILLS 2 Progress test.</p>			
11.15		Break							
11.30		<p>ENRICHMENT Brighton excursion reflections. Crossword and word search. Reading comprehension: The North Laines in Brighton.</p>	<p>ENRICHMENT Portsmouth excursion preparation: HMS Victory – leaflet. Introduction Video (authentic material). Group discussion on the importance of navy.</p>	<p>EXCURSION Portsmouth Historic Dockyard & Gunwharf Quays Students explore 500 years of history at the home of the Royal Navy and see famous ships such as HMS Victory, Lord Nelson's flagship during the battle of Trafalgar in 1805 in which 821 crew members resided.</p>	<p>ENRICHMENT Reflections on Excursion to Portsmouth: realia in the classroom.</p>	<p>ENRICHMENT London excursion preparation: Kahoot Quiz and Video on The London Bridge Experience.</p>			
12.30		Lunch			Lunch				
13.30		<p>RESEARCH PROJECT A recycling project for the school. Students need to prepare a leaflet to present on Friday. They audit school's waste system and identify what can be improved and provide some action points.</p>	<p>RESEARCH PROJECT Guided Internet Research about the waste of recycling every day use materials: plastic bottles, paper, cups, boxes, DVDs, envelopes, etc. Survey on how materials are recycled at school.</p>		<p>RESEARCH PROJECT Reaching conclusions and working on the project delivery. Preparing for the Friday presentation.</p>	<p>RESEARCH PROJECT Present the final leaflet to the rest of the classes. Explain how it is made and what materials have been used. Encourage others to reduce, re-use and recycle.</p>			
15.00		Break/Student Meeting			Break/Student Meeting				
15.30		<p>ACTIVITIES & ACADEMIES Aerobics, Bootcamp, Drama, Football, Netball, Painting, Tennis.</p>	<p>ACTIVITIES & ACADEMIES Card Games, Fashion Design, Rounders, Squash, Swimming, Volleyball, Yoga.</p>		<p>ACTIVITIES & ACADEMIES Chess, Circuit Training, Dance, Dodgeball, Model-Making, Stoolball, Table Tennis.</p>	<p>ACTIVITIES & ACADEMIES Badminton, Basketball, Rugby, Cricket, Set Design, Singing, Zumba.</p>			
17.00		Free Time/Phone Time			Free Time/Phone Time				
18.00	19.00 Dinner	Dinner					19.00 Dinner		
19.00	19.45 Evening Registration	Evening Registration					19.45 Evening Registration		
19.15	<p>20.00 SOCIAL EVENTS Welcome Games and Activities.</p>	<p>SOCIAL EVENTS Karaoke Night or Soft Ball Sports (Handball, Benchball, Dodgeball, etc.)</p>	<p>SOCIAL EVENTS Pool Party or Trivia Night.</p>		<p>SOCIAL EVENTS "Amazing Race" Scavenger Hunt.</p>	<p>SOCIAL EVENTS Campus-Wide Art Jam.</p>	<p>SOCIAL EVENTS Leavers' Ceremony followed by Disco.</p>	<p>20.00 SOCIAL EVENTS Mini Olympics.</p>	
21.15	House Meeting & Free Time								
22.30	Bedtime								

This is an example timetable for illustrative purposes only.

Academies

CRITICAL THINKING

Bede's Critical Thinking Academy is for students who enjoy the critical examination of information and ideas. They will learn how to make rational judgements and in the process develop their ability to think independently, and to express their viewpoint.

ESSAY WRITING

Bede's Essay Writing Academy teaches more than grammar and spelling. Students learn key writing structures for specific genres, and how to organise their ideas as well as the language needed to present and support those ideas in a logical and engaging way.

PSYCHOLOGY

Bede's Psychology Academy is for students who are curious about how the mind works and why people behave the way they do. Through interactive sessions and real-life case studies, students will explore key psychological theories and gain a deeper understanding of human thought, emotion and behaviour.

MASTERCHEF

Bede's Masterchef Academy is designed for students who have a passion for food and who enjoy cooking. The classes are fun and informative, giving students the confidence to be hands-on with raw produce and kitchen equipment. In each session, students create a dish inspired by a different international cuisine.

E-KART RACING

Bede's E-Kart Racing Academy offers students the chance to experience the thrill of electric kart racing while learning the fundamentals of speed, control, and strategy. Students will develop their driving skills and improve their reflexes in a safe and controlled environment. Whether aiming for fun or pursuing competitive racing, this academy provides an exciting introduction to the world of motorsport.

FLYING

Bede's Flying Academy offers students an opportunity to pilot an aircraft. Students will have a trained pilot in attendance for the 45-minute flight ensuring that they are able to take control of the aircraft should they need to. The main goal of this academy is to help students gain an understanding of how to pilot an aircraft and can help them with future flying lessons.

GOLF

Bede's Golf Academy is for students wishing to improve their golf technique supported by a professional instructor. The lessons will focus on developing the student's skills and knowledge of the game, practising and analysing the mechanics of the golf swing. Students will also broaden their vocabulary specifically relating to golf.

HORSE RIDING

Students on the Bede's Horse Riding Academy will have a riding lesson and rides in the local countryside, under close supervision. The instructors are experienced in teaching young children for whom this may be their first time on a horse as well as catering for more advanced riders. Students also have the opportunity to learn about caring for horses, grooming and stable management after their rides. Student height, weight, and experience level are required for this academy.

TENNIS

Bede's Tennis Academy offers students the opportunity to improve their tennis skills and technique, supported by a professional instructor. Sessions will specifically look at offensive and defensive actions as well as how to position on court and improve their tennis ability.

BEDE'S **SUMMER**
SCHOOL


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