





## Sample timetable

TIME	SESSION CONTENT
13:30- 15:00	Team specific warm up Passing and moving practise focusing on first touch Exploring different types of passes within the game Conditioned games focusing on passing and moving
15:30- 17:00	Small sided matches Cool down and stretches

## Develop a strong academic foundation for the future

Students will focus on technical aspects of the game including dribbling, passing, shooting, goal keeping, headers and tackling, while learning football vocabulary and exploring the different cultures that make up the beautiful game.

Students will also take part in a football tournament and receive certificates and/or trophies for the player of the week.

## On this Academy, students will:

- •Develop football skills in the areas of dribbling, passing & shooting.
- •Learn how to work in a team and develop tactical understanding of the game.
- ·Learn specialist vocabulary and useful phrases for playing and talking about football.

## **Summary**

School	Bell Badminton Schoo
Courses	Summer Explore
Tuition	2 weeks, 18 hours
Age	11-17
Min. language level	Pre-intermediate
Fee	£205 per two week course

Please note that there must be a minimum of 8 students enrolled for this Academy to run.